



# FOOD BANK MARKET

MSC's Market at Redondo Heights Food Bank offers supplemental and emergency food to individuals and families in Washington state.

## Visit the Food Bank Market

Food is offered in a market style inside the Food Bank.

- Households may visit the Food Bank once a week.
- Visits are by appointment only. You can make an appointment by contacting us through the email or phone number below, or by completing an application online at [mschelps.org/food](https://mschelps.org/food) and a team member will contact you.
- Please bring boxes, bags, or a cart to carry your food once you leave the Food Bank.
- Additional parking is available at the Redondo Heights Park and Ride located at 27454 Pacific Hwy S. Please do not park in resident parking.

## Home Delivery Program

In partnership with United Way of King County and Amazon Flex, MSC offers a home delivery program. Clients who are not able to make it to the in-person Food Bank Market may sign up for home delivery through the United Way of King County through the methods below. \*Please note there is a waiting list for this program.\*

- Online: [uwkc.org/need-help/food-delivery](https://uwkc.org/need-help/food-delivery)
- Request by email: [food.delivery@uwkc.org](mailto:food.delivery@uwkc.org)
- Request by phone: 253-237-2019



## Food Bridge

The Food Bridge program brings a mini version of our Food Bank Market to local senior living facilities allowing residents to choose from available options to create meals for themselves without having to travel out of their own complex. If you are interested in learning more about how to bring Food Bridge to your senior living facility, please contact our Food Bank Director by email or call 253-838-6810, ext. 175.

## Donate or Volunteer

MSC relies on donations and volunteers to operate our Food Bank. Visit our website to learn how you can help out!

## HOURS AND LOCATION

### The Market at Redondo Heights

27614 Pacific Hwy S, Federal Way  
Email: [redondo.foodbank@mschelps.org](mailto:redondo.foodbank@mschelps.org)  
Phone: (253) 387-1717 (message only)

### Appointment Hours

Tuesdays and Thursdays, 10am-4pm  
Wednesdays, 12pm-6pm



**MSC uplifts communities by increasing equitable access to advocacy, opportunities, and well-being.**

Serving South King County with offices in Federal Way and Kent  
Learn more about our programs at [www.mschelps.org](https://www.mschelps.org)

### Non Discrimination Statement

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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [ascr.usda.gov/complaint\\_filing\\_cust.html](http://ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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