

MULTI-SERVICE CENTER

HAGAAH WAKAALADA

U adeegida deriskeena South King County.



GURIYEYNTA

Guryaha Kirada ee la awoodi karo

Qoysasku waa inay ahaadaan kuwo dakhligoodu u qalmo. Codsiga ama helitaanka wac lambarada gaarka ah ee hoos ku qoran.

Fawcett (Tacoma): 253-593-2036
Fern Hill (Tacoma): 253-475-0482
Hawthorne Lane (Graham): 253-847-4288
Kenyon Place (Buckley): 360-829-0487
Mansard Estates (Auburn): 253-218-0334
Maple Lane (Kent): 253-218-0334
Redondo Heights (Federal Way): 253-358-8653
Victorian Place (Des Moines): 253-218-0334
Villa Capri (Federal Way): 253-941-3157
White River Apts (Auburn): 253-218-0334

Waayeelka kaliya:

Colvos Terrace (62+, Gig Harbor): 253-851-5534
Mitchell Place (62+, Federal Way): 253-661-7011
Radcliffe Place (62+, Kent): 253-525-5571
Rainier View (55+, Fife): 253-896-2696

Halgamayaal Darbi-jiif ah

Burien Veterans House Wac Barnaamijka Halyeeyada Degmada King 206-263-8387 William J. Wood Veterans House Wicida VA Ilaha Bulshada iyo Xarunta Gudbinta 206-764-5149 ama WJW si toos ah 253-941-3820

Guryaha Taageerada ee Dadka Waaweyn

MSC waxay siisaa guryo taageero ah oo loogu talagalay haweenka keligood ah ee aan guri lahayn ee soo kabashada ah iyo kuwa rag ah ee aan hoy haysan.
Dumarka | Wac 253-854-4406 Ragga | Wac Barnaamijka Halyeeyga Degmada King 206-477-7022

Kirada iyo Gargaarka Degdegga ah

Waxaan siinaa qadar xadidan oo ah kaalmada kirada iyo kaalmada tasiilaadka dadka degan Burien, Federal Way, Kent, Renton, iyo SeaTac kaliya. Lacagtu waxay ku kooban tahay caawimo hal mar kaliya ah. Shakhsiyaadka ama qoysaska. Buuxi codsiga boggayaga. Booqo mschelps.org/rent

Barta Galitaanka Gobolka

MSC waa Barta Helitaanka Goboleed (RAP) ee Gelitaanka Isku-dubbaridan ee Degmada King ee Dhammaan taas oo siisa agabka guriyeynta shaqsiyaadka ku baahsan Degmada King, oo ay ku jirto hoyga qoyska ee MSC. Ballamo ayaa u diyaar ah kuwa hoylaawayaaasha ah, ka cararaya rabshadaha qoyska, ama ka tagaya machad 90 maalmood ka dib. Ballan samee adiga oo wacaya ama ku soo diraya magac iyo nambor ammaan ah ama iimaylka si laguugu soo gaaro. Ka hubi website-ka saacadaha la-socoshada iyo goobaha la-socoshada.
Wac 253-874-6718 | iimayl_rap@mschelps.org

Si aad u gasho hoyga qoyska dhow ee Degmada King wac 206-245-1026.

TAAGEERADA TAMARTA & QABOOJINTA

Caawimada tamarta ayaa diyaar u ah in lagu caawiyo shakhsiyaadka iyo qoysaska dakhligoodu yar yahay inay bixiyaan dhammaan ama qayb ka mid ah biilasha kulaylka gurigooda. Haddii aad u qalanto, lacagta waxaa si toos ah loogu soo diraa bixiyaha tamarta adiga oo adiga ku hadlaya.

Markaad wacdo, si taxadar leh u dhegeyso oo qalinka gacanta ku hay. Duubista ayaa ku siinaysa doorashooyin aad doorato, iyo liiska alaabta ballantaada. Raac tilmaamaha oo waxaad heli doontaa ballanta xigta ee diyaarsan.

Haddii adeeggaagu wali ku xidhan yahay, laakiin aadan bixin karin biilkaaga, ama haddii adeeggaagii go'ay wac 253-517-2263 (24 saac) ama booqo mschelps.org/gethelp/energy si aad ballan u qabsato.

Fadlan ogow: Waxaan helnaa wicitaanno aad uga badan maalin kasta inta aan u adeegi karno. Fadlan samir Waxaan sameyneynaa dadaal kasta si aan kuugu adeegno sida ugu dhaqsaha badan. Soo wac khadka ballanta si isdaba joog ah maalinta oo dhan si aad fursadda ugu fiican u hesho ballan.

BANGIGA CUNTADA

Suuqa ku yaal Redondo Heights

Bangiga Cuntada ee Redondo Heights ee MSC wuxuu u adeegaa dhammaan dadka deggan Gobolka Washington. Macaamiishu waa inay la xidhiidhaan bangiga cuntada si ay ballan u qabsadaan. Ballanta, waxay booqan karaan bangiga cuntada toddobaadkii hal mar. Cuntada waxaa lagu bixiyaa qaab suuq ah gudaha bangiga cuntada. Su'aalo? Wac 253-838-6810 ama iimayl u dir redondo.foodbank@mschelps.org

Maxaa Keenaya:

Fadlan soo qaado sanduuqyo ama bacaha si aad ugu qaado cuntadaada.

Saacadaha Bangiga Cuntada (ballan kaliya):

Talaado: 10am-4pm Arbaco: 12pm-6pm Khamiis: 10am-4pm

La xiray dhammaan fasaxyada federaalka.

Barnaamijka Geynta Guriga:

Macaamiisha aan awoodin in ay ku soo biiraan suuqa bangiga cuntada ee shakhsi ahaan waxay iska diiwaan gelin karaan gaarsiinta guriga iyada oo loo marayo United Way of King County iyada oo loo marayo hababka hoose.
Fadlan ogow inuu jiro liiska sugitaanka barnaamijkan.

Onlayn: uwkc.org/need-help/food-delivery Email: food.delivery@uwkc.org Wac: 253-237-2019



Fadlan ka hubi mschelps.org wixii cusbooneed maadaama u-qalmitaanka barnaamijka ama helitaanku isbedeli karo. Isticmaalayaasha Adeegga Gudbinta WA: Wac 7-1-1 si aad u hesho caawimada iyo adeegyada la heli karo marka la codsado shakhsiyaadka naafada ah.

Multi-Service Center waxa ay kor u qaadaa bulshooyinka iyada oo kordhinaysa helitaan cadaalad ah oo loogu doodo, fursadaha, iyo fayobida.



WAXBARASHADA & SHAQADA

Waxbarashada

Waxaan siinaa diyaarinta GED iyo tababar hal-ka-mid ah dhalinyarada qaangaarka ah ee da'doodu u dhaxayso 16 ilaa 21 ee ka diiwaangashan Federal Way Open Doors. MSC waxa ay leedahay shaqaale u heellan oo la shaqeeya ardayda si ay u gaadhaan hadafkooda tacliimeed iyo shakhsi ahaaneed, siiyaan qorshayaal waxbarasho oo shakhsi ah iyo taageerooyin kale, bixiyaan maarayn kiis oo dhamaystiran, ku xidhidh ilaha bulshada, qorshaynta dugsiga sare ka dib, iyo fursadaha horumarinta dhalinyarada ee togan.

Wac 253-838-6810

Shaqaalaysiinta

Barnaamijyadayada shaqadu waxay u adeegaan shakhsiyaadka da' kasta leh iyo dhammaan qaybaha kala duwan ee nolosha, iyadoo bixiya adeegyo kala duwan oo ay ku jiraan tababbarka u-diyaargarowga shaqada, caawinta shaqo raadinta, iyo qorsheynta shaqada. Musharixiinta xaq u leh waa inay helayaan Kaalmada Cunnada Aasaasiga ah oo ay buuxiyaan shuruudaha soo socda: 16 jir ama ka weyn; ku nool Auburn, Federal Way, Des Moines, Burien, Tukwila, SeaTac, Kent, ama Renton; awood u leh inuu shaqeeyo 20 saacadood todobaadkii; iyo, in aad kulamo joogto ah la yeelato shaqaalaha MSC.

NAVIGATION KHEYRAADKA

Ma u baahan tahay caawimo laakiin ma hubin meesha laga bilaabo? Iskuduwaha Helitaanka Bulshada ee MSC ayaa kaa caawin kara inaad dhex gasho agabyada laga yaabo inaad heli karto. Tan waxaa ku jira laakiin kuma koobna:

- Faa'iidooyinka cuntada aasaasiga ah
- Shaqada iyo tababarka
- Barnaamijyada gudaha iyo dibadda
- Dharka
- Kaararka hadyada gaaska iyo kaadhka baska
- Kharashyada shatiga
- Buugaagta waxbarashada

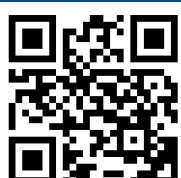
limayl contact@mschelps.org

Kahortagga la wareegidda

MSC waxa ay siinaysaa la-talin bilaash ah mulkiilayaasha guryaha ee wajahaya la wareegida. Waxaan fahamsanahay sida ay u dareemeyso culeyska ka saaran la wareegidda. Kooxdayadu waxay halkaan u joogaan inay kula socdaan, sahamiyaan oo ay hubiyaan inaad fahanto fursadahaaga, oo ay kugu caawiyaan inaad sii haysato gurigaaga mar kasta oo ay suurto gal tahay.

limayl contact@mschelps.org

U qalmida barnaamijku way kala duwan tahay. Booqo mareegahayaga ama ka sawir lambarka QR ee hoose si aad u hesho warar cusub.



Goobahayada:

Xafiiska Federal Way:
1200 S 336th Street
Federal Way, WA 98003
253-838-6810
Saacadaha: Isniin-Jimce
8:30 subaxnimo-5 galabnimo

Xafiiska Kent:
24437 Russell Road
Suite 200
Kent, WA 98032
253-854-4406
Saacadaha: Isniin-Jimce
8:30 subaxnimo-5 galabnimo

The Market at Redondo Heights Food Bank:
(balan kaliya)
27614 Pacific Hwy S.
Federal Way, WA 98003
253-387-1717 (farriin kaliya)
Saacadaha: Talaado iyo Khamiis 10
subaxnimo-4 galabnimo Arbaco 12pm-6pm

KHAYRAADKA QAXOOTIGA IYO SOO GAARAHA

Waxaanu bixinaa taageero ku haboon dhaqan ahaan iyo luuqad ahaanba si aan kuugu xidhno adeegyada iyo agabka bulshada. Waxaan rabnaa inaan ku siino agabka aad ugu guulaysato inaad ku dhex socoto deegaankaaga iyo bulshadaada cusub. Waxaan bixinaa:

- Navigation kheyraadka
- Macluumaadka iyo gudbinta
- Hanuuninta dhaqanka iyo aqoon-is-weydaarsiyada waxbarashada

Wac: 253-740-1693 Email: zuhoor.mehran@mschelps.org

BARNAAMIJKA OMBUDSMAN DARYEELKA MUDDADA-DHEER

Haddii adiga ama qof aad jeceshihiin aad ku noolthihiin xarun daryeel-guri, guri gargaar, guri qoys oo qaangaar ah ama xarunta adeegyada la xoojiyay- oo aad qabto su'aal ama walaac ku saabsan guriga daryeelka ama wax kasta oo la xiriira daryeelka muddada dheer, wac si aad si qarsoodi ah ula hadasho Ombudskaaga daryeelka muddada dheer. Waxaan nahay u doodeyaal waxaan ku siin karnaa macluumaad bilaash ah oo ku saabsan xuquuqdaada.

Wac 800-562-6028 ama booqo www.waombudsman.org

Multi-Service Center (MSC) waa shaqo-bixiye/barnaamij/bixiye fursad loo siman yahay. Si waafaqsan sharciga federaalka, gobolka, iyo deegaanka. MSC ma takoorto macaamiisha, mutadawiciinta, ama shaqaalaha si kastaba ha ahaatee, oo ay ku jiraan jinsiga, da'da, jinsiyadda, midabka, qowmiyadda, asalka qaran ama abtirsiiinta, dhalashada, diinta, naafanimada, caqiidada siyaasadeed, jihada galmoodka, halyeeyga ama xaaladda guurka.

