



ENERGY ASSISTANCE



You do not need to be in crisis to be eligible for assistance.

Energy assistance payments vary depending on household income and type of home energy use. We may be able to assist with electricity, propane, gas, wood, or oil expenses. You may be eligible for assistance if:

- You live in South King County
- You own or rent
- You pay home heating energy bills
- Your income is at or below the current eligibility guidelines

The HELP Program assists Puget Sound Energy customers with their home energy costs. You must have an active gas or electric service account with PSE to be eligible.

The Low Income and State Home Energy Assistance Programs (LIHEAP and SHEAP) helps qualified customers with their home heating and energy costs. Funds are available from approximately November through August (or until funds are depleted).

If you qualify for LIHEAP, you may also qualify for a portable AC unit. Only one portable AC unit can be provided per household.

We are also able to assist Lakehaven Water & Sewer District Customers who have been referred by Lakehaven.

Monthly Income Guidelines:

*Gross monthly earned income less a 20% deduction.

Household Size	LIHEAP	SHEAP	PSE HELP
1	\$1,995	\$7,071	\$6,808
2	\$2,705	\$8,080	\$7,779
3	\$3,415	\$9,088	\$8,750
4	\$4,125	\$10,096	\$9,721
5	\$4,835	\$10,905	\$10,500
6	\$5,545	\$11,713	\$11,279
7	\$6,255	\$12,521	\$12,054

Zip Codes Served:

98001 98002 98003 98010 98013
98022 98023 98025 98030 98031
98032 98038 98042 98047 98050
98051 98054 98055 98056 98057
98058 98059 98063 98064 98070
98092 98146 98148 98158 98166
98168 98178 98188 98198
98354 (within King County)

How to apply:

To apply, go online to <https://msc.itfrontdesk.com/> or call 253.517.2263 for an appointment. All eligible assistance is offered in one appointment only.

Do not make multiple appointments. View required documents online.

For Lakehaven water assistance apply at mschelps.org/lakehaven



MSC uplifts communities by increasing equitable access to advocacy, opportunities, and well-being.

Serving South King County with offices in Federal Way and Kent
Learn more about our programs at www.mschelps.org